



Sponsors:

American Rugby Outfitters

AthletiCo

The Burrows Company

Chicago Grey Lions

Northwest Woodsmen
Rugby Club

Olympic Bindery

Peetie's Gourmet Kitchen

Rocky Vander's Restaurant

Quality Pool Maintenance

Illinois Youth Rugby Association

United States Rugby Football
Foundation

**A competitive club for
HIGH SCHOOL
AND
MIDDLE SCHOOL
Boys**

**Organizational Meeting
Sunday, October 26, 2008
AthletiCo
88 S. Arlington Heights Rd.
Arlington Heights, IL 60005
(near the Arlington Theaters)
1:00 PM**

**Sign-up Date
Sunday, January 11, 2009
Wellness Center
Northwest Community Hospital
900 W. Central Road
Arlington Heights, IL 60005
12:00 PM – 4:00 PM**

ARLINGTON STALLIONS RUGBY CLUB



Est 2005

High School & Middle School Teams

www.ArlingtonStallionsRugby.com

Arlington Stallions Rugby Club

- Tier II State Champion Runner-up in 2007
- Tier II State Champion Finalist in 2008
- 3 All-State players 2007
- 2 All-State players 2008

Learn more at
www.ArlingtonStallionsRugby.com

Contact the coaches at
Club@ArlingtonStallionsRugby.com

Paul Bergman - Coach
847-845-4982

Michael Pateras - Coach
847-471-1907

What the parents are saying:

The Stallions' program provided a very positive experience. Rugby provides a great physical challenge and conditioning - all good things for energetic boys. We had no idea before this that rugby is such an exciting sport. We're hooked!!!

- Mark and Debbie Hogan, middle school parents

The coaching staff did a phenomenal job teaching the rules, strategy and traditions of this amazing sport. It is a very competitive club where all the players are treated in a very positive manner. The "team" atmosphere is strong.

- David and Janine Nyre, high school parents

As American football fans, Rugby wasn't known or considered as an option in our house until we met the staff. Their passion for the sport is contagious and the camaraderie between players and opponents is not like any other sport we've been involved with. Our son is absolutely in love with this sport, he feels it has helped him get ready for football and looks forward to playing for many years to come. If you are looking for a new athletic experience for your son, give Rugby a try. We're sure glad we did!

- Glen Korff, middle school parent

We have been extremely pleased with our sons experience playing with the Arlington Stallions the last 3 years. The high degree of sportsmanship along with a complete understanding of the game was taught to our son. The coaches have done an outstanding job with this team.

- John & Sherry Hanahan, high school parents

What the players are saying:

Rugby is one of the greatest things that I have ever participated in. The coaches made my playing years all the more enjoyable. Rugby is one of the few sports that you can fight for 90 minutes and afterwards enjoy a meal with the other team.

- Danny Hanahan, high school player 2006-2008

It's the coolest sport in the world. There is a lot of action. The Stallions' coaches were fun and taught me how to play the game well.

- David Hogan, middle school player 2008

I still have yet to find a sport with so much speed, contact and required mental toughness. The coaches are on your level all the time. Rugby gave me success in athletics and friends that I will keep in contact with for the rest of my life. JOIN THE STALLIONS NOW.

- Dan Bartlett, former player 2005-2007

10 ways in which rugby will make you a better athlete:

1. Speed Development
2. Increased Stamina
3. Short Recovery
4. Improved Agility
5. Hand-Eye Coordination
6. Core Development
7. Skillful Tackling
8. Confidence in Contact
9. Focus
10. Game Smarts

Experienced, Certified Coaches

**Certified Athletic Trainer
from *AthletiCo*
at every game**

Rugby!

The ultimate team
sport and athletic
challenge.

Try It!!